



Important Facts You Should Know About **Vardenafil**



About Vardenafil

- Effective treatment against Erectile Dysfunction (ED).
- Sold under the brand name Levitra.
- Vardenafil belongs to a group of drugs – PDE5 inhibitors.
- Improves erections by increasing penile blood flow.

Important Facts You Should Know About Vardenafil

Vardenafil boosts penile blood flow effectively

- Vardenafil helps promote an erection by boosting blood flow to the penile organ.
- Remember that the drug does not cause an instant erection; sexual stimulation is necessary to cause an erection.

Vardenafil is to be taken on “on-demand” basis

- When you want to indulge in sexual activity, you have to take Vardenafil pill.
- Typically, it takes 30 to 60 minutes for the drug to take effect.
- Take Vardenafil dosage an hour before sexual activity.

Vardenafil lasts for four to six hours

- Vardenafil runs in your bloodstream for roughly four to six hours.
- This does not mean you can maintain an erection for four to six hours.
- Instead, it means you achieve an erection on sexual stimulation in that period of time.

Ideal Vardenafil dosages

- For most men, 20 mg [Vardenafil dosage](#) is ideal.
- However, for older men with comorbidities, Vardenafil dosage of 10 mg is recommended.
- In some men, a 5 mg Vardenafil dosage is sufficient.

Vardenafil palliates ED

- Vardenafil will palliate ED; it will not cure ED permanently.
- Therefore, you need to use it when you wish to indulge in sexual activity.

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